

SWHS

2023 REPORT



SOUTHWEST HEALTHCARE SERVICES

Complete Healthcare Today, For a Better Tomorrow

FROM THE CEO

dennis goebel



I want to start out by thanking the Board of Directors, the leadership team, and all the staff at Southwest Healthcare Services for all the effort put in this last year. Many of you know that back in January of 2022 we converted our nursing home into our hospital and by doing so we created a 35 bed Critical Access Hospital. This helped us reduce our losses significantly, but we still need to focus on grants, sales tax

and fund raising to keep pace with technology and staffing demands. We also are part of a 23 hospital Rough Rider High Value Network this allows us to negotiate as if we are a larger entity while remaining independent. I have been with SWHCS for just over 3 years now and appreciate the opportunity to be part of our hospital, clinic, Assisted Living, Ambulance and the community. We do have a lot of talented staff working for us and the hope is to add more through recruitment efforts.

Southwest Healthcare Services has several areas of success this past year in different departments and as an entire organization. That included adding Senior Life Solutions, a mental health services to serve our seniors in our community.

REHAB DEPARTMENT (Jen Jahner)

- 2023 brought growth and specialties to SWHS Rehab Dept. We hired Cathy Hendrickson, PT who has special interests in Vertigo, Parkinsons and Geriatrics. Tavi Loeks, OT became a Certified Wound Therapist in addition to her certification in Lymphedema. This has opened a whole new avenue for patient care in our area. Lacey Juelfs, PTA, rejoined our team and is a welcome addition to allow the PTs to see an increase in new patients. We also secured a contract with Rural Routes Therapies to supply us with Speech and Language Therapy services. Darren Criswell, PT, has been instrumental in the implementation of the ubrZati Treadmill at Bowman County HS. Jen Jahner and Darren were again able to provide sports medicine coverage during the 2023-2024 school year to area athletes at games, tournaments and in the clinic.

- Our net revenue almost doubled from 2022 to 2023 (45% increase). Our facilities have improved with the addition of the finished courtyard in May of 2023. Many patients can be seen out there working out or relaxing in the nice space.

- Looking ahead to 2024, we hired another OT, Sarah Scott, who has a specialty in pediatrics. We are adding a Rehab Aide position to help with the influx of patients in addition to our Rehab Reception position. (Jen Jahner, Rehab Director)

RADIOLOGY DEPARTMENT (Janel Bagley)

The radiology department had a good year along with some challenges.

- Statistically we increased our exams by 300 studies in 2023, a first in several years.

We were excited to add two contracted Echo techs to

our staff giving us the ability to consistently provide echocardiograms to our community.

- On the other hand, we have experienced a staff shortage for the past year but are excited to announce Elise Fischer, a new graduate, will be joining us July 1st.

We have several projects in the works to improve and hopefully add services for the future such as pain management.

- We continue to provide a full-service diagnostic imaging department to include MRI, CT, 3D full field digital Mammography, Dexa, Ultrasound, and general radiography.

Thank you for all your support.

LABORATORY (Jodi Brewer)

Busy year:

- CLIA inspection in January with no deficiencies
- Installed a new chemistry analyzer; added 6 tests to the menu (quantitative HCG, salicylic acid, acetaminophen, ferritin, Free T3, phosphorus)
- Installed a new coag analyzer; added PTT's
- Added a second Abbott ID Now analyzer for Strep and Covid testing
- Our biggest win was hiring Ken in November!

CLINIC (Lisa Knopp)

- T4 Summit (Fall 2023) Tools, Trades, Torque, Tech. Introduced students to workforce skills and training for those that may not want to go to a 4-year university. Hosted in Bowman every other year. Led by Clinic, Radiology, Lab and EMS staff, students had hands on experiences with suturing, ultrasound, lab, and emergency equipment.

- School to Work program. Partnered with Bowman County High School. Four senior girls interested in the nursing profession were able to spend two hours a day through the school week working in the clinic, hospital and swingbed units during their spring semester. While earning high school credit they were able to learn a little bit about nursing and get paid while learning. These four young ladies are continuing to work for Southwest Healthcare Services this summer.

- Our providers also have had the privilege of working with Physician Assistant student, Clara, from University of North Dakota this spring and summer. She has been able to see a wide variety of healthcare in a rural area.
- Our Clinic and Outpatient Services continue to grow, and we are so excited to have the group of providers that we have currently with Dr. Adams, CMO, Dr. Cordy, Chris Peterson, PA and Patty Gilbert, FNP.

In closing, I want to thank all of you that are a part of the Southwest Healthcare family! The staff has stepped up on many occasions and I am very appreciative of all that they do for us. I also want to thank the Board of Trustees and all of the SWHS supporters for utilizing our services and supporting us in other ways such as the annual Celebrity Waiter Event and through the support of the city sales tax in Bowman. Without your support, the challenges would be even greater, so once again, thank you for your past, present, and future support!

OUR LEADERS

administration



Dennis Goebel, CEO



Amanda Loughman, CFO



Amber Umbreit, CNO

OUR LEADERS

department leaders

Amy Smyle
Home Health/ALF

Lisa Knopp
Clinic

Melani Kline
Community Care

Roxanne Kromarek
Housekeeping

Natalie Kitchens
Human Resources

Janel Bagley
Radiology

Adelina Ortiz
Dietary

Tina Marmon
Business Office

Cole Benz
Marketing/PR

Jess West (2024)
EMS

Logan Fredrick
Environmental Svcs.

Kayla Cortez
Activities

Helen Lorge
IT

Jen Jahner
Rehab

Joanie Woodley
Central Supply

Lacy Nass (2024)
Social Services

Kayla Pauley (2024)
QI/Education/Risk

Kim Honeyman
Respiratory Therapy

Jodi Brewer
Laboratory



SOUTHWEST HEALTHCARE SERVICES

AGENDA

June 10, 2024

Call to Order.....	Andrew Weiss, Board Chair
Opening Prayer.....	Holly Seifert, Methodist Ministry
Welcome & Introduction.....	Andrew Weiss, Board Chair
Approval of 2023 Minutes.....	Andrew Weiss, Board Chair
CEO Report.....	Dennis Goebel, CEO
Financial Report.....	Amanda Loughman, CFO
Nursing Update.....	Amber Umbreit, CNO
Sunrise Foundation.....	Mariah Botha, Sunrise Foundation
Old Business.....	Andrew Weiss, Board Chair
New Business	
• Election of Board Members.....	Andrew Weiss, Board Chair
– Terms Expiring.....	Andrew Weiss (2nd Term) Christine Peterson (2nd Term)
– Nominations.....	Andrew Weiss, Board Chair
Recognition.....	Dennis Goebel, CEO
Benediction.....	Holly Seifert, Methodist Ministry
Adjournment.....	Andrew Weiss, Board Chair

2024 DELEGATES

Van Honeyman	Benji Schaaf
Bruce Hagen	Monte Freitag
Debbie Molbert	Rita Freitag
Holly Seifert	Ila Kelner
Laureen Stuber	
Pam Hestekin	
Charlene Hansen	
Ryan Shear	

Our voting delegates come from the congregations of 13 area churches. The churches include **Bowman Lutheran, Lebanon Lutheran, Our Saviour's Lutheran, Bethany Lutheran, First Lutheran, Peace Lutheran, St. John's Lutheran, Bowman Assembly of God, Seventh Day Adventist, St. Charles Catholic, Bowman Methodist, St. Mel's Catholic, and Pierce Congregational.** The delegates from these churches are the voting body of the annual meeting. Southwest Healthcare Services would like to thank you for your part with us.

** Some delegates may have been added after the printing of this booklet.*

MINUTES

2023

22nd Annual Meeting
June 6th, 2023
Bowman Lutheran Church

Teran Doerr, Board Chair, opened the meeting, welcoming everyone and made a call for the opening prayer. Pastor Ed Kvaale of the Bowman Assembly of God church delivered the opening prayer.

Teran gave her board report, opening that it is her seventh and final year as board chair. She said it was great and she got to see many exciting things during her time on the board including construction of a new facility. She said she's proud of the staff and leadership and grateful for Dennis and his leadership.

Teran introduced all the board of directors, Andrew Weiss, Jordan Anderson, Chanell Walby, Wendy Stuber, Laurie Braaten, Connie Gaebe and Christine Peterson.

Teran called for the approval of the minutes from the 2022 annual meeting. Benji Schaaf made the motion and seconded by Keith Kempenich. Motion carried.

Teran handed the microphone to CFO Amanda Loughman for the financial report.

Amanda began talking about the cyber incident we incurred in Oct./Nov. We had to rebuild the system and it had an impact on our financials. Fortunately, it did not impact our patient care. Amanda continued with the financial numbers from our 2022 year.

Amanda also went over some numbers as it related to COVID relief funds.

Teran called for a motion to approve the 2022 financials. Motion by Chuck Whitney, second by Dan Peterson. Motion carried.

Teran turned it over to CEO Dennis Goebel. Dennis spoke about studies on CAH rural health clinics. The studies were from December 2022 and the last 13 years. He also spoke about joining CIN, a network of rural health clinics in the state called the Rough Rider High Value Network (RRHVN). The purpose of the CIN is to lobby as a group for better rates, pricing structures, etc... It would allow us to act like a big hospital unit

like Sanford or CHI. The RRHVN Purpose Statement says "The Rough Rider High Value Network will advance healthy rural North Dakota people and vital North Dakota Communities. The RRHVN will do so by increasing clinical quality, improving community health, and using its patients' resources wisely. The RRHVN will share services, clinically integrate, and employ economies of scale to reduce its members' costs. The RRHVN will use its cooperative strength to seek opportunities to be rewarded for the quality and efficiency of care provided by its members." Dennis continued to go through numbers from the studies of CAHs.

Dennis answered some questions from the audience regarding wages and contract labor fees and rates.

Dennis finished his presentation and Amber Umbreit (CNO) began her presentation from nursing.

Amber spoke extensively about annual wellness visits and regular screenings we can do right here in Bowman. Amber also talked about the new mental health services for Medicare patients, Senior Life Solutions.

Ila Kelner followed with a brief presentation from the Sunrise Foundation. Their biggest fundraiser of the year, Giving Hearts Day, raised over \$20,000 with matching donors were Dakota Community Bank and Trust, Brian Clendenon, Frontier Travel Center, Krebsbach & Kulseth Funeral Service, SWHS, Dakota Dental Center and Scranton Equity Exchange. Ila gave a special recognition to the donors and those who dropped off money at various locations and those who donated via the website. There was no old business to discuss so Teran moved on to election of new board members. Teran termed out and Tami Gilbert resigned.

Breanne Beylund and Anne Gruber agreed to serve on the board. No more nominations were given. Dan Peterson moved for a unanimous ballot for both Breanne and Anne, Keith Kempenich seconded the motion. Motion carried. Dennis recognized Teran for her services on the board of directors.

Pastor Ed Kvaale gave the closing prayer.
Meeting adjourned.



SOUTHWEST HEALTHCARE SERVICES

WHAT WE DO

2023 services

HOSPITAL

Level IV Trauma Certified
Critical Access Hospital (CAH)
Acute Stroke Ready
Inpatient & Outpatient Services
Swing Bed

- Skilled & Non-skilled Nursing
- Activities
 - Independent & Group Programs
 - One-On-One Visitations
 - Community Service Projects
- Dietary Services
- Housekeeping
- Therapy Services
 - Physical Therapy
 - Occupational Therapy
 - Speech Therapy
 - Wellness Program
- Pastoral Care
- Social Services
- Laundry/Maintenance
- Beauty Shop
- End of Life Care
- Pharmacy
 - Medication Review
 - Sterile IV Medication Preparation
 - Dosage Reviews
- IV Infusion Therapy
- Colonoscopy & Endoscopy

RADIOLOGY

General X-Ray
Computed Tomography
Ultrasound
3D Mammography
Bone Density Scanning
Body Composition Scanning
Magnetic Resonance Imaging (Weekly)
Echocardiography (Specific

Wednesdays)

LABORATORY SERVICES

In-House Testing
Siemens EXL Analyzer

- General Chemistry
- Thyroid Testing
- PSA (prostate) Blood Testing
- Cardiac Profiles
- Therapeutic Drug Monitoring
 - Vancomycin

Sysmex 1000XS Analyzer

- Hematology
 - Complete Blood Counts (CBC)
- Acetaminophen/Salicylate
- Quantative HCG

Siemens CA-600 Analyzer

- Coagulation Studies
 - Prottime/INR
 - Coumadin/Warfarin Monitoring
 - PTT
 - D-Dimer

Opti CCA TS2 Analyzer

- Blood Gas Analyzer
 - Oxygen/pH Levels In The Blood

Alere Triage Meter

- BNP
 - Monitoring and/or Diagnostic
- Testing (Congestive Heart Failure)

Siemens DCA Advantage Analyzer

- A1C & Urine Microalbumin
 - Monitoring Diabetic Control

Siemens Status Analyzer

- Urinalysis Testing

Quick Kits

- Rapid Strep Test
- Rapid Influenza A & B Test
- Rapid COVID antigen Test
- Respiratory Syncytial Virus (RSV)
- Pregnancy Test

- Mononucleosis Test
 - Drug Screening
 - Blood Bank
 - O Positive, O Negative
 - Fresh Frozen Plasma
 - Reference Labs
 - Northern Plains Laboratory in Bismarck Under the Direction of Dr. Michael Laszewski
 - North Dakota State Lab
- The Lab also offers DOT & Non-DOT Drug and Alcohol Testing. Lab also Supervises the Southwest Healthcare Services Drug & Alcohol Testing for all Employees.

RESPIRATORY THERAPY

Spirometry

- Spirometers Are Used To Check the Condition of Your Lungs and How They are Functioning and to Diagnose Your Lung Problems.

Home Oxygen (Accredited by The Compliance Team)
We Have Concentrators and Portable Units to Use for Supplementary Oxygen Therapy. The Concentrators Are Used to Give Supplementary Oxygen in the Patient's Home and the Portable Units Allow Patients to Leave Their Home to Perform Daily Tasks.

Nebulizers (Accredited by The Compliance Team)
Nebulizers are Compressors Used to Deliver Your Inhaled Medications That Are Used for Lung and Breathing Complications.

Sleep Studies

- ACHC Accredited Sleep Center

Our
Mission

Guided by Faith, we provide excellent care for those we are privileged to serve!

WHAT WE DO

2023 services

Oximetry

- Overnight Oximetry
- Six-Minute Walk
- Carbon Monoxide Testing

CARDIOPULMONARY REHABILITATION

- Phase II Cardiac Rehab
- Phase III Cardiac Rehab
- Peripheral Vascular Rehab
- Pulmonary Rehab

CLINIC

- Family Health Care
- Women's Health Care
- Allergy Testing
- Sports Physicals
- Sports Medicine
- Skin Cancer Screening
- Free Breast Exams in October
- DOT Physicals
- Wellness Exams
- Pediatric Wellness Checks
- Free Blood Pressure Screenings
- Child & Adult Immunizations
- Diabetic Foot Care
- Concussion Testing
- Management of Acute & Chronic Illnesses
- Telepsychiatry
- Advanced Care Planning
- Hormone Testing
- Chronic Care Management

VISITING SPECIALISTS

- OB/GYN (Dr. Craig Wolf)
- Pediatrics (Dr. Amy Oksa)
- Orthopedics (Dr. Emmet McEleney)
- Endoscopies (Dr. Mark Peterson)

ASSISTED LIVING

Sunrise Village Assisted Living is a Combination of Independent Housing, Personalized Supportive Services, and Healthcare Designed to Respond to the Individual Needs of Those Who May Need Help With Activities of Daily Living (ADLs) But Do Not Need the Skilled Medical Care Provided in a Long Term Care Setting.

INDEPENDENT LIVING

Sunny Apartments
For the Elderly Individual Who Can Live Independently, We offer 11 Unfurnished Apartments Adjacent to the Long Term Care Facility. In Addition to Meals (Which Are Offered Daily), Housekeeping, Laundry Services, & Activities are Available.

VISITING NURSE SERVICES

Visiting Nurse Services

- Nurses Provide Skilled Care to Individuals in Their Homes

Extended Care Nursing Services

- Nurses Provide Non-skilled Care to Individuals As a Contracted Service With the Individual

Extended Care Home Health Aid Services

- Aides Provide Assistance with ADLs to Individuals

REHABILITATION THERAPY

- Pre & Post Surgical Rehabilitation
- Injury Prevention & Rehabilitation

- Modalities Such as Iontophoresis, Phonophoresis, Ultrasound, and Electric Stimulation
- Alternate Manual Techniques Such as Cupping & SASTM
- Lymphedema Treatment
- Custom Orthotics
- Bracing & Taping Techniques
- Pediatric Therapy
 - Pediatric OT (Added in 2024)
- Geriatric Therapy
- Mechanical Traction
- Occupational Therapy
- Speech Therapy
- Worksteps & Fit For Duty Screenings
- Functional Dry Needling
- Wound care
- Vestibular Therapy
- Post Stroke Rehab
- Parkinson's Therapy

EMERGENCY AMBULANCE SERVICES

The Ambulance Service Provides Emergency Transport Patients in Bowman & Slope Counties and Also Provides Interfacility Transfer Services to Hospitals in North Dakota, Montana, and South Dakota. We have a Mixed Staff of Paramedics, AEMTs, EMTs, and EMRs to Help Cover Our Large Service Area. The Ambulance Staff Provides CPR Training For the Staff and Community, and Both BLS & ALS Training to Area Healthcare Providers.



A unified family providing an exceptional and compassionate healthcare experience!



BOARD OF DIRECTORS

andrew weiss



As the Board Chair of Southwest Healthcare Services, I am honored to introduce our Annual Report. This past year has been a testament to our organization's resilience and commitment to providing exceptional

healthcare services to our community. We faced a significant challenge with a pipe break that caused flooding in our assisted living residences. Despite this setback, our dedicated team has been diligently working to correct the issue and restore the affected rooms. Their hard work and perseverance are commendable. In addition to overcoming physical challenges, we have made significant strides in enhancing our operational policies and systems. We are proud to have implemented a paternity leave policy, demonstrating our commitment to supporting our staff in balancing their professional and personal lives. Moreover, we are excited to announce the implementation of a new electronic medical record (EMR) system. This advancement will greatly improve patient care, ensuring that we continue to deliver high-quality services efficiently and effectively.

As my term on the board comes to an end, I would like to acknowledge the contributions of my fellow board member, Chris Peterson, who will also be stepping down. We are grateful that Chris will remain as an advisor to the board on medical staff issues, continuing to lend her expertise and support. I extend my heartfelt gratitude to Dennis Goebel, our CEO; Amanda Loughman, our CFO; and Amber Umbreit, our CNO. Their unwavering commitment to presenting innovative ideas to the board has been instrumental in ensuring our financial stability and continued excellence in patient care. Their leadership and dedication have been invaluable to our organization. We are also deeply thankful to The Sunrise Foundation, the City of Bowman through its sales tax, and the community at large of Bowman, Slope, and Harding counties for their unwavering support of Southwest Healthcare Services. Your contributions and trust in our mission enable us to provide excellent care for those we are privileged to serve. Looking ahead, we are optimistic about the future of Southwest Healthcare Services. By upholding our core values, we will continue to grow and thrive, always striving to exceed the expectations of our patients and community. Together, we can make a difference in the lives of those we serve. Thank you again for your continued support and trust in Southwest Healthcare Services. Andrew Weiss

BOARD OF DIRECTORS

- Andrew Weiss (C)
- Jordan Anderson (VC)
- Laurie Braaten (Sect.)
- Chanell Walby
- Wendy Stuber
- Christine Peterson
- Connie Gaebe
- Breanne Beylund
- Anne Gruber

Southwest Healthcare Services would like to thank the members of our board for volunteering your time working to ensure the success of our healthcare facility!

DAISY AWARD

for the nurses

Congratulations to our 2024
DAISY Award Honoree!
Melani Kline, RN



Melani has worked tirelessly to blossom into her role, which has been pivotal not only for Southwest Healthcare Services as we navigate through the uncharted waters of healthcare changes, but also for those we are privileged to serve every day. It's impossible to pick just one story or just one life that this nurse has impacted because there are so many!



Congratulations!

2024 Nominees: CJ Urlacher, Chrissy Blankenbaker, Megan Hlebechuk, Florence Folami, Megan Teske, and Melani Kline.

The DAISY Award is an internationally-known award given to nurses who give great care and have touched the lives of a patient and their family. To nominate a nurse that has made an impact in your life or the life of a friend or family member, visit swhealthcare.net and click 'Recognize A Nurse' on the home page!

BEE AWARD

for the CNAs

2023 Winner



Marlayna Coates

A decorative graphic for the BEE Award. It features a central illustration of a yellow and black bee on a green vine with leaves and small white flowers. The text "BEE Award" is written in a large, bold, serif font, with "Being Exceptional Everyday" in a smaller font below it. The entire graphic is framed by a decorative border of leaves and flowers.

BEE Award
Being Exceptional Everyday

This award recognizes the extraordinary work of our NA/CNAs. The BEE award was created because just as in nature bees are loyal, hardworking and cannot exist without the DAISY, as neither can the DAISY exist without the BEE!

Nominate a NA/CNA who provides extraordinary care to our patients and residents and assistance to our nurses.

SUNRISE FOUNDATION

mariah botha



The mission of the Sunrise Foundation is to provide financial assistance and support to any and all aspects of healthcare in our service area. Our service area includes the counties of

Bowman, Slope, Western Adams, and Harding. Our vision is investing in healthcare for the future.

One way we invest in healthcare for the future is with our Healthcare Scholarships and Loan Repayment Program. In 2023, we gave out \$20,000.00 in Healthcare Scholarships and Loan

Repayments. This year, we gave out \$18,000.00 in Healthcare Scholarships and Loan Repayments.

We raised over \$25,000.00 for Giving Hearts Day back in February 2024. Our match donors this year were our investment advisors, Casey Hande with Badlands Wealth Management, Darren Limesand with Darren Limesand Financial, and Bryan Clendenen with Thrivent. We are thankful for every donation received during this fundraiser!

Thanks to a very successful Giving Hearts Day, we are able to grant \$10,000 to Southwest Healthcare Service's rehab facility to go towards a balance platform.

Our 2024 Board Members are Ila Kelner, Chair President; Amy Smyle, Vice President; Leah Benz, Treasurer. Other Board Members include Becky Brooks, Van Honeyman, Caitlin Jacquot-Hafner, Dustin Swanson, Jason Anderson, and Beth Criswell.

FOUNDATION BOARD

2023 board of directors

Ila Kelner
Amy Smyle
Leah Benz
Becky Brooks
Van Honeyman

Caitlin Jacquot-Hafner
Dustin Swanson
Jason Anderson
Beth Criswell



the numbers

\$25,000+ raised from Giving Hearts Day 2024

\$20,000 in Scholarships & Loan Repayments in 2023

\$18,000 in Scholarships & Loan Repayments in 2024

OUR CARE TEAM

2023 providers



Roy Cordy, MD

Dr. Cordy has spent much of his career in Minn. & North Dakota. He earned his medical degree at Tuft's University. Dr. Cordy has experience in general practice & emergency medicine.



Chris Peterson, FNP

Chris Peterson earned her Bachelor of Science in Nursing at NDSU & earned her FNP degree at Pacific Lutheran in Tacoma, Wash. Chris can see a variety of patients with her practice in Bowman.



Gard Adams, MD

Dr. Adams is from Michigan where he earned his Medical Degree from the University of Michigan. Dr. Adams has experience in emergency medicine & sees patients in family practice.



Patty Gilbert, PA-C & L/AT

Patty Gilbert earned her Bachelor of Science in Athletic Training from NDSU and completed the physician assistant program at USD. Patty specializes in allergy treatment & sports medicine.



Kurt Datz, DO

Dr. Datz earned his medical degree from Philadelphia College of Osteopathic Medicine. Dr. Datz sees patients of all ages with a specialty in internal medicine.

2023 visiting specialists



Craig Wolf, MD
OB/GYN



Amy Oksa, MD
OB/GYN



Mark Peterson, MD
OB/GYN



Emmitt McElaney, MD
Orthopedics

REHAB TEAM

2023 providers



Jen Jahner, PT/DPT

Jen earned her doctorate of physical therapy in Iowa from Des Moines University. She treats a multitude of illnesses and injuries. She's certified in functional dry needling and sound assisted soft tissue mobilization.



Darren Criswell, DPT/CLT

Darren earned his bachelor's degree in exercise science and his doctorate of physical therapy from the University of Montana. He is a certified lymphedema therapist and also works on the sports medicine team.



Cathy Hendrickson, PT

Cathy grew up in Bartlesville, Okla. She earned Bachelor's degrees in Marketing and Physical Therapy from the University of Oklahoma in 1982 and 1986. She has an interest in balance and fall prevention.



Tavi Loeks, OT, CLT-LANA

Tavi is a North Dakota native having grown up in Steele. She earned her bachelor's degree in Occupational Therapy from St. Catherine University in St. Paul. She has a wide range of OT expertise including bracing & wound care.



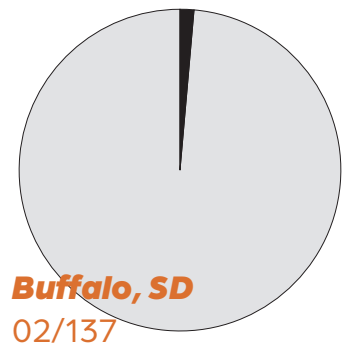
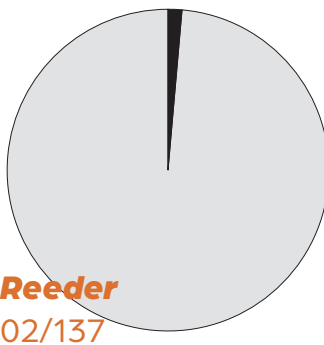
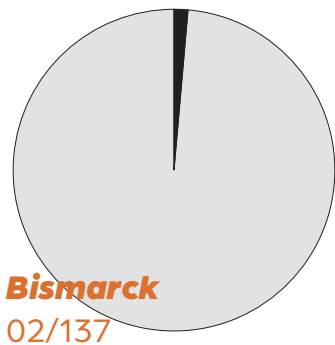
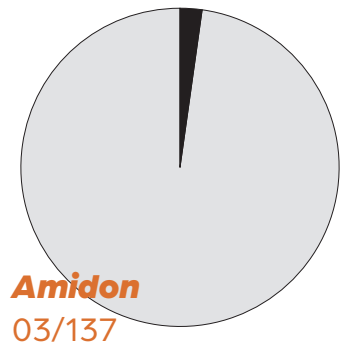
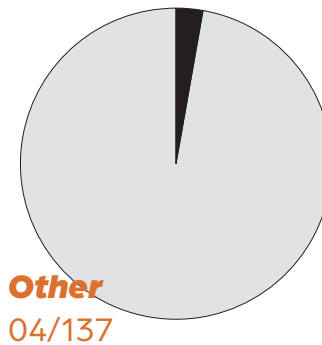
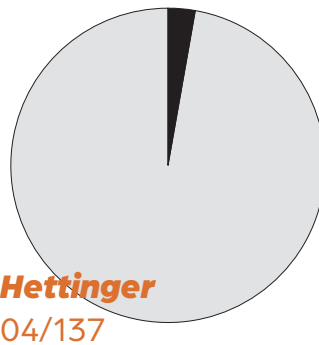
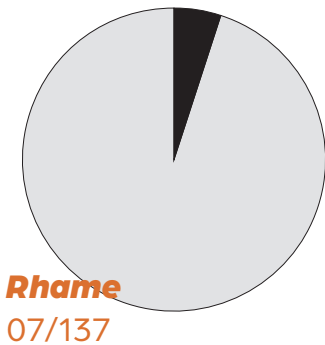
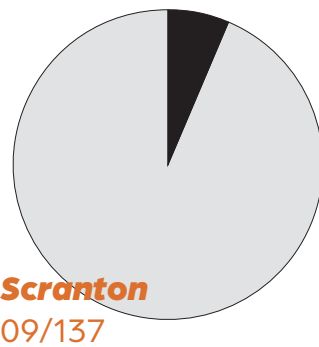
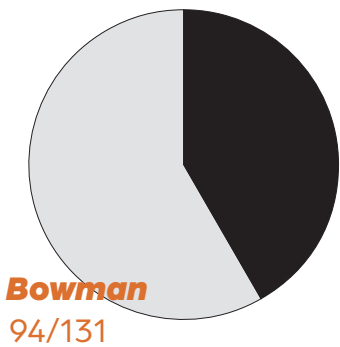
Lacey Juelfs, PTA

Lacey obtained her Associate of Applied Science degree and license as a Physical Therapist Assistant in 2013. She returned to Southwest Healthcare Services in September of 2023. Lacey enjoys all aspects of practice within the outpatient setting.

WHERE ARE WE FROM?

2023

Currently our staff of full-time and part-time employees equates to 137! Though many come from Bowman we do have a vast representation of the surrounding communities we serve. We would like to thank the staff for their hard work and dedication! Many travel miles and battle the unpredictable weather to support our patients and residents everyday!



COMMUNITY WELLNESS

2023

As a Critical Access Hospital (CAH), we are required to report our community benefit activities (programs and services that provide treatment and/or promote health in response to identified community needs) to the Internal Revenue Service.

Southwest Healthcare Services defines community health improvement services as activities or programs carried out or supported for the express purpose of improving community health and are subsidized by Southwest Healthcare Services. Such services do not generate inpatient or outpatient revenue, although there may be a nominal patient fee or sliding scale fee for these services.

Listed are some examples of the programs Southwest Healthcare Services has provided to the community at large.

Southwest Healthcare Services also completed the Community Health Needs Assessment in 2022. The assessment is required once every three years, and the report can be found on our website at swhealthcare.net.

Job shadow
hosting students
of different
medical disciplines

Free clinical breast
exam screenings
in October

Skin Cancer
Screenings

Sports medicine
services with
school sports
teams

Marketplace for
kids at Bowman
County Middle
School



SOUTHWEST HEALTHCARE SERVICES

THE NUMBERS

2023 financial report

Southwest Healthcare Services

Balance Sheets – Assets
December 31, 2023 and 2022

	<u>2023</u>	<u>2022</u>
Assets		
Current Assets		
Cash and cash equivalents	\$ 2,416,857	\$ 466,132
Receivables		
Patient and resident	2,306,289	2,011,446
Estimated third-party payor settlements	53,000	1,515,000
Other	122,341	102,884
Supplies	373,998	352,234
Prepaid expenses and other	136,785	195,693
Total current assets	<u>5,409,270</u>	<u>4,643,389</u>
Assets Limited as to Use		
By Board for expansion and replacement	1,643,115	1,682,540
Under loan agreement	796,879	662,247
Total assets limited as to use	<u>2,439,994</u>	<u>2,344,787</u>
Right of Use Assets - Operating	<u>189,581</u>	<u>297,111</u>
Property and Equipment, Net	<u>23,467,915</u>	<u>25,207,342</u>
Other Assets		
Receivable from Sunrise Foundation, Inc.	958,581	768,788
Long-term investments	197,114	165,931
Total other assets	<u>1,155,695</u>	<u>934,719</u>
Total assets	<u>\$ 32,662,455</u>	<u>\$ 33,427,348</u>

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2023 financial report

Southwest Healthcare Services
Balance Sheets – Liabilities and Net Assets
December 31, 2023 and 2022

	<u>2023</u>	<u>2022</u>
Liabilities and Net Assets		
Current Liabilities		
Current maturities of long-term debt	\$ 993,514	\$ 1,004,363
Current portion of lease liabilities - operating	86,968	107,530
Accounts payable		
Trade	518,278	672,630
Accrued expenses		
Salaries and wages	291,001	318,080
Paid time off	269,649	294,420
Interest	26,981	26,981
Payroll taxes and other	-	25,836
Total current liabilities	<u>2,186,391</u>	<u>2,449,840</u>
Long-Term Liabilities		
Long-term debt, less current maturities, and unamortized debt issuance costs of \$145,766 in 2023 and \$151,165 in 2022	23,793,700	24,784,842
Lease liabilities - operating, net of current portion	<u>110,828</u>	<u>197,796</u>
Total liabilities	<u>26,090,919</u>	<u>27,432,478</u>
Net Assets		
Without donor restrictions	5,492,513	5,121,673
With donor restrictions	<u>1,079,023</u>	<u>873,197</u>
Total net assets	<u>6,571,536</u>	<u>5,994,870</u>
Total liabilities and net assets	<u>\$ 32,662,455</u>	<u>\$ 33,427,348</u>

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2023 financial report

Southwest Healthcare Services

Statements of Operations

Years Ended December 31, 2023 and 2022

	<u>2023</u>	<u>2022</u>
Revenues, Gains, and Other Support Without Donor Restrictions		
Patient and resident service revenue	\$ 14,898,352	\$ 13,029,778
Provider Relief Funds	-	320,062
Other revenue	1,276,280	1,229,263
	<u>16,174,632</u>	<u>14,579,103</u>
Expenses		
Salaries	5,624,787	6,171,232
Benefits and payroll taxes	1,119,249	1,201,132
Supplies and other	2,294,927	1,944,266
Purchased services	1,003,983	878,762
Professional fees	3,745,794	2,471,416
Rentals	176,739	190,156
Utilities	362,282	370,638
Interest	442,178	451,620
Depreciation	2,246,202	2,421,980
	<u>17,016,141</u>	<u>16,101,202</u>
Operating Loss	<u>(841,509)</u>	<u>(1,522,099)</u>
Other Income		
Contributions without donor restrictions	1,015,771	194,288
Investment income (loss)	143,513	(148,513)
Other	-	16,602
Insurance claim proceeds	53,065	-
	<u>1,212,349</u>	<u>62,377</u>
Revenues in Excess of (Less Than) Expenses	370,840	(1,459,722)
Net Assets Released from Restrictions	-	49,887
Contributions for Long-Lived Assets	-	50,000
Change in Net Assets Without Donor Restrictions	<u>\$ 370,840</u>	<u>\$ (1,359,835)</u>

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2023 financial report

Southwest Healthcare Services
Statements of Changes in Net Assets
Years Ended December 31, 2023 and 2022

	<u>2023</u>	<u>2022</u>
Net Assets Without Donor Restrictions		
Revenues in excess of (less than) expenses	\$ 370,840	\$ (1,459,722)
Net assets released from restrictions	-	49,887
Contributions for long-lived assets	-	50,000
	<u>370,840</u>	<u>(1,359,835)</u>
Change in net assets without donor restrictions		
Net Assets With Donor Restrictions		
Change in unrealized gains and losses on investments	16,033	-
Change in receivable from Sunrise Foundation, Inc.	189,793	(238,345)
Restricted contributions	-	25,000
Net assets released from restrictions	-	(49,887)
	<u>205,826</u>	<u>(263,232)</u>
Change in net assets with donor restrictions		
Change in Net Assets	576,666	(1,623,067)
Net Assets, Beginning of Year	<u>5,994,870</u>	<u>7,617,937</u>
Net Assets, End of Year	<u>\$ 6,571,536</u>	<u>\$ 5,994,870</u>

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2023 financial report

Southwest Healthcare Services
Statements of Cash Flows
Years Ended December 31, 2023 and 2022

	<u>2023</u>	<u>2022</u>
Operating Activities		
Change in net assets	\$ 576,666	\$ (1,623,067)
Adjustments to reconcile change in net assets to net cash from (used for) operating activities		
Depreciation	2,246,202	2,421,980
Interest expense attributable to amortization of debt issuance costs	5,399	5,399
Net realized and unrealized (gains) and losses on investments	(114,578)	168,313
Gain on disposal of property and equipment	(7,400)	-
Restricted contributions	-	(25,000)
Contributions for long-lived assets	-	(50,000)
Changes in assets and liabilities		
Receivables	(314,300)	(362,267)
Estimated third-party payor settlements	1,462,000	(1,679,000)
Supplies	(21,764)	(43,205)
Prepaid expenses	58,908	(82,964)
Accounts payable	(154,352)	389,116
Accrued expenses	(77,686)	13,657
Change in operating lease assets and liabilities, net	-	8,215
Refundable advances	-	(627,272)
Net Cash From (Used For) Operating Activities	<u>3,659,095</u>	<u>(1,486,095)</u>
Investing Activities		
Purchase and construction of property and equipment	(506,775)	(205,893)
Purchase of assets limited as to use	(333,329)	(434,481)
Sales and maturities of assets limited to use	458,818	28
Purchases of long-term investments	(2,669)	(1,749)
Proceeds from the sale of property and equipment	7,400	-
Decrease in note receivable	-	25,000
Net Cash Used For Investing Activities	<u>(376,555)</u>	<u>(617,095)</u>
Financing Activities		
Principal payments on long-term debt	(1,007,390)	(1,026,303)
Change in receivable from Sunrise Foundation, Inc.	(189,793)	238,345
Restricted contributions	-	25,000
Contributions for long-lived assets	-	50,000
Net Cash Used For Financing Activities	<u>(1,197,183)</u>	<u>(712,958)</u>

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2023 financial report

Southwest Healthcare Services Statements of Cash Flows Years Ended December 31, 2023 and 2022

	2023	2022
Net Change in Cash, Cash Equivalents, and Restricted Cash	\$ 2,085,357	\$ (2,816,148)
Cash, Cash Equivalents, and Restricted Cash, Beginning of Year	1,128,379	3,944,527
Cash, Cash Equivalents, and Restricted Cash, End of Year	<u>\$ 3,213,736</u>	<u>\$ 1,128,379</u>
Cash, Cash Equivalents, and Restricted Cash		
Cash and cash equivalents	\$ 2,416,857	\$ 466,132
Cash restricted under loan agreements	<u>796,879</u>	<u>662,247</u>
Total cash, cash equivalent, and restricted cash	<u>\$ 3,213,736</u>	<u>\$ 1,128,379</u>
Supplemental Disclosure of Cash Flow Information		
Cash paid during the year for interest	<u>\$ 436,779</u>	<u>\$ 446,221</u>

